INSTRUCTIONS FOR SELECTED PUBLIC ACTIVITIES/WORK SETTINGS
FOR THE PREVENTION AND CONTROL OF COVID-19

The instructions are given for a range of public activities and work settings. Some sectors such as tourism, large shopping malls, event management, etc. would require reference to several instruction notes.

The instructions are subject to overall permission given by the Ministry of Health to resume functions (totally/selected).

Each instruction note is issued by the Director General of Health Services, Ministry of Health and Indigenous Medical Services and are for the establishment/owner/ responsible authority to follow in prevention of transmission of COVID-19.
Description – These are the sites where workers come from different areas of the country and are engaged at different tasks in constructions. Most of them stay at the construction sites for months with minimum sanitary facilities.

Specific instructions

Employers

- Adequate protective supplies should be available (E.g.: Masks, thermometers (at mass construction sites), gloves, disinfectants, soap, water supply)
- Limit the number of workers as much as possible.
- Verify area of residence of the workers and prepare a list of contact details.
- Make arrangements to check body or verify their status by asking for symptoms
- If possible, arrange temporary accommodation with proper ventilation.
- Minimise the usage of shared hand tools, equipment and power tools whenever possible
- Educate the workers regarding healthy behaviours.
- Where possible functions should be arranged with adequate distancing (may not always be possible). Where distancing is not possible, they should be strongly encouraged to wear mask
- Provide adequate facilities for hand washing (preferably a foot operated/sensor operated sink with soap).
- Ensure proper monitoring of workers for developing of respiratory symptoms.
- Implement closed-off management, and control exit of internal personnel and entry of external personnel
- Ensure that workers are not chewing betel or not smoking inside the premises
- Arrange enough toilet facilities in the site and avoid urination outside the toilets
- If lifts are available, limit the number of passengers at a time to maintain the safe distance between each other
- You are required to fill the provided Assurance form, indicating compliance with the instructions given. The original of the Assurance form should be submitted to the area Medical Officer of Health. A copy of the same should be sent to the local government authority (municipal council/urban council/pradeshiya sabha) and another copy should be kept with you. The owner/employer/manager of the organization/premises is responsible to ensure that the above guidelines are strictly adhered to.

Employees

- Should disclose correct details.
- Should wash hands with soap and water for at least 20 seconds before entering, before leaving and more frequently at work
- Should always maintain at least 1 meter physical distance with others.
- Should not touch mouth, nose, or eyes.
- Should wear facemasks properly and dispose only into a closed bin.
- Should not share your cups, plates, cloths, and towels.
- Should not arrange or participate any gatherings within the construction site or outside.
- Should not spit in the construction site.
Instructions for selected public activities/work settings for the prevention and control of COVID - 19

- Should cover your nose and mouth with the inner side of the elbow when cough or sneezing.
- Should not visit the construction site, if you have any of the respiratory symptoms.

Methods of instruction

- Health messages could be displayed at the entry point/ at construction site using signage/s/ notices on wall/where all employees can see.
- Refer details in guideline given on building and construction industry as an addendum to the Interim operational guidelines on Preparedness for COVID 19 outbreak for work settings, Ministry of Health